

God's Words to the Busy and Distracted
10 Ways to a Better Life series
by Bill Aumack

Our creator understands us and wants to be with us.

Exodus 20:8-11

He wants us to grow and be more like him.

We aren't perfect. We have broken bits and are in need of someone to make us whole.

Life is better with the Sabbath. We are better with the Sabbath.

Reflection: Am I spending enough quality time with God on the Sabbath for him to rebuild me?

Challenge: Look for ways to SHINE this week. And please share your stories with us.